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# Collagen Gold

## **DIETARY SUPPLEMENT**



Collagen Gold is a protein (collagen) preparation that supports a flawless performance.

Collagen is a structural protein that occurs throughout the body, such as in cartilage, bones, tendons, and skin. The vitamin C in this product contributes to normal collagen formation which is important for bones and cartilage. These connective tissue structures are under constant pressure in day-to-day life. And, of course, if you play intensive sports, they are placed under even greater stress. Sports such as hockey, football, and tennis, which involve making explosive or rapid turning movements, place significant demands on the musculoskeletal system.

Alongside the right training and a high-quality diet, proteins can help to increase muscle mass. Proteins do more than just stimulate muscle growth. They also support the quick recovery of muscle tissue after training.

Virtuoos Collagen Gold is a dietary supplement based on Peptan® collagen. These are short protein peptides. Collagen Gold can be used to supplement your diet if you engage in intensive physical exercise. Collagen Gold can also be taken when rehabilitating from an injury.

The composition and quantity of essential amino acids varies per protein source. The collagen in Collagen Gold comes from fish and consists of eighteen amino acids.

A daily dose of Collagen Gold provides 15 grams of pure fish collagen peptides, supplemented with vitamin C. Vitamin C is added to this collagen formula as it contributes to normal collagen formation which is important for bones and maintaining healthy cartilage.

A characteristic of Peptan® is that the collagen has undergone a special enzymatic process. This results in smaller peptide chains.

Collagen Gold has a neutral flavour and dissolves easily in water. This supplement has no added flavours or sweeteners. If required, the powder can also be dissolved in fruit juice, a sports drink, or a smoothie.

#### **NZVT** Certified

Collagen Gold (without B6) is produced in accordance with the anti-doping standards and other standards of the NZVT system (Anti-Doping Authority for the Netherlands) and therefore displays the NZVT logo. Collagen Gold can be used by top athletes with confidence, so that they can concentrate on delivering an optimum athletic performance with peace of mind.

### Special ingredient

Peptan F 2000 LD®

#### Additional information

Collagen is an animal product and is therefore not suitable for vegetarians and vegans.

### Recommended use

Dissolve three measuring scoops in a large glass of water (200 ml) or in another drink, unless otherwise advised. It is preferable to do this 30 minutes before engaging in physical exercise. Measuring scoop supplied. One measuring scoop contains approximately 5 grams.

### **Health Claims**

- 15 g hydrolysed collagen peptides per dose
- · Patented Peptan® formula
- · Good for the skeletal system
- · Contains vitamin C for building cartilage
- Neutral flavour

Composition per dose (three measuring scoops)			
Ingredient	Quantity	% RI	Compound
Collagen Peptan® F 2000 LD	15000 mg	*	
Vitamin C (as ascorbic acid)	80 mg	100	
RI = Reference intake / * RI not det	ermined		







