

Multi Oxidant Control Gold

DIETARY SUPPLEMENT



Multi Oxidant Control Gold (without B6) is a carefully formulated multivitamin created for athletes who train seriously and who could therefore benefit from extra energy. This vitamin and mineral complex is only available in three-month packs (90 vegetarian capsules) and can be used during programmes focused on optimization of training and/or performance.

Multi Oxidant Control Gold (without B6) is an excellent addition to your diet so that you can focus entirely on achieving your sports targets. This formula only contains high-quality ingredients. Multi Oxidant Control Gold (without B6) includes vitamin D3 (Quali®-D by DSM) that contributes to normal muscle functioning and preservation of strong bones. Vitamins D and C both have a positive impact on the immune system. With the exception of vitamin B6, Multi Oxidant Control Gold (without B6) contains all the B vitamins you need to provide the extra energy that can enhance sporting achievements.

A formula created especially for avid athletes must not, of course, omit antioxidants. To protect healthy cells and tissues, Multi Oxidant Control Gold (without B6) contains the antioxidants copper, manganese, selenium, zinc, vitamin B2, and vitamin E. Manganese also helps to form healthy cartilage. Not only is vitamin C an antioxidant but it also supports the body's defence system and helps to maintain the activity of vitamin E. Multi Oxidant Control also contains the plant extracts Saberry™, aronia berry, and a fruit complex.

NZVT Certified

Multi Oxidant Control Gold (without B6) is produced in accordance with the anti-doping standards and other standards of the NZVT system (Anti-Doping Authority for the Netherlands) and therefore displays the NZVT logo. Multi Oxidant Control Gold can be used by top athletes with confidence, so that they can concentrate on delivering an optimum athletic performance with peace of mind.

Special ingredients

Saberry™
Quali®-D

Additional information

This product does not contain any known allergens and is suitable for vegetarians.

Recommended use

Take one capsule a day with plenty of water, preferably with a meal.

Health Claims

- Carefully formulated multivitamin
- Does not contain vitamin B6
- Contains the patented ingredient Saberry®
- Contains vitamin C, to support the immune system
- Three-month pack (90 vegetarian capsules)



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ULTIMATE DOPE-FREE SPORTS SUPPLEMENTS



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**virtuoos**
composed for athletes

Composition per daily dose (one vegetarian capsule)			
Ingredient	Quantity	% RI	Compound
Vitamin A (as retinol acetate)	1.2 mg	150	
Vitamin B1 (as thiamine nitrate)	1.65 mg	150	
Vitamin B2 (as riboflavin)	2.1 mg	150	
Vitamin B3 (as nicotinamide)	24 mg	150	
Vitamin B5 (as D-calcium pantothenate)	9 mg	150	
Vitamin B7 (as biotin)	75 mcg	150	
Vitamin B9 (as folic acid)	300 mcg	150	
Vitamin B12 (as cyanocobalamin in mannitol)	7.5 mcg	300	
Vitamin C (as ascorbic acid)	240 mg	300	
Vitamin D3 – Quali®-D (as cholecalciferol)	15 mcg	300	
Vitamin K1 (as phytomenadione)	225 mcg	300	
Citrus bioflavonoids	20 mg	*	
Iron (as iron(II) fumarate)	7 mg	50	
Iodine (as potassium iodide)	75 mcg	50	
Zinc (as citrate)	10 mg	100	
Chromium (as picolinate)	40 mcg	100	
Copper (as bisglycinate)	1 mg	100	
Manganese (as bisglycinate)	2 mg	100	
Molybdenum (as sodium molybdate)	50 mcg	100	
Selenium (as L-selenomethionine)	82.5 mcg	150	
Saberry™ 50%-10% (Amla extract)	50 mg	*	
Aronia berry	50 mg	*	
Fruit complex	50 mg	*	
RI = Reference intake / * RI not determined			

Special ingredients

Quali®-D

Saberry®



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Vitamins and minerals are needed for a wide range of processes in the body. This includes supporting energy metabolism, cell growth and repair processes, protecting against free radicals, and supporting nerve and muscle functioning. Athletes have a greater need for various vitamins and minerals

Can be used:

- By athletes as a basic supplement to support their basic diet*
- Especially by athletes with an inadequate eating pattern: during periods of intensive training or competitions
- During periods of energy restriction/weight reduction
- By those travelling abroad/travelling frequently
- By those with food intolerances which lead to the avoidance of specific product groups

Additional information

- Based on a low-dose supplement (100-250% of ADH)
- High-dose supplements can have a negative impact on ability to adapt/training effect (antioxidants such as vitamins A and C)
- Many athletes have an increased level of vitamin B6. This supplement therefore contains no B6.

There is no evidence that vitamin and mineral supplements improve performance if there are no deficiencies.

* A proportion of the population has a lower intake of vitamin A (22-38%), folic acid (11-41%), vitamin C (12-28%), vitamin E (23-58%), magnesium (22-30%), potassium, and zinc (8-18%) than the recommended amounts (Dutch Food consumption survey 2007–2010)



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